

Northern TRIBS Swimming
Head Coach Josh Jock

Individual Top Times

Show Yards Only

	Time	P/F/S	Name	Age/Yr				
Female 8 & Under 25 Free								
1	15.56 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 8 & Under 50 Free								
1	32.98 Y	F	Julia Domena	8	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational	
Female 8 & Under 100 Free								
1	1:18.12 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 8 & Under 200 Free								
1	3:01.68 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 8 & Under 500 Free								
1	8:02.09 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
Female 8 & Under 25 Back								
1	20.62 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 8 & Under 50 Back								
1	43.46 Y L	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 8 & Under 100 Back								
1	1:31.99 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
Female 8 & Under 25 Breast								
1	22.54 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 8 & Under 50 Breast								
1	56.82 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
Female 8 & Under 100 Breast								
1	1:51.54 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 8 & Under 25 Fly								
1	17.72 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 8 & Under 50 Fly								
1	45.64 Y	F	Julia Domena	8	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational	
Female 8 & Under 100 Fly								
1	2:01.43 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 8 & Under 100 IM								
1	1:35.18 Y	F	Julia Domena	8	NTS AD	12/18/2010	Potsdam Invitational	
Female 8 & Under 200 IM								
1	3:21.70 Y	F	Julia Domena	8	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 9-10 50 Free								
1	31.13 Y	F	Julia Domena	9	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	
Female 9-10 100 Free								
1	1:11.03 Y	F	Julia Domena	9	NTS AD	1/29/2012	Thoroughbred Splash 2012	
Female 9-10 200 Free								
1	2:34.70 Y	F	Laura Hartman	10	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 9-10 50 Back								
1	38.17 Y	F	Julia Domena	9	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	
Female 9-10 100 Back								
1	1:26.70 Y	F	Laura Hartman	10	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 9-10 50 Breast								
1	39.35 Y	F	Laura Hartman	10	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational	

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	Time	P/F/S	Name	Age/Yr				
Female 9-10 100 Breast								
1	1:29.13 Y	F	Laura Hartman	10	NTS AD	3/19/2010	AD Gold Short Course Championships	
Female 9-10 50 Fly								
1	38.62 Y	F	Julia Domena	9	NTS AD	3/13/2011	AD Gold Short Course Championships	
Female 9-10 100 Fly								
1	1:31.98 Y	F	Laura Hartman	10	NTS AD	3/5/2010	AD Silver Short Course Championships	
Female 9-10 100 IM								
1	1:20.05 Y	F	Laura Hartman	10	NTS AD	1/15/2011	Chris Goody 10&Under Mini-Meet	
Female 9-10 200 IM								
1	2:56.63 Y	F	Laura Hartman	10	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 11-12 50 Free								
1	27.02 Y	P *I	Elizabeth Dempsey	12	NTS AD	3/20/2009	AD Gold Short Course Championships	
Female 11-12 100 Free								
1	1:01.01 Y	F *I	Elizabeth Dempsey	12	NTS AD	12/12/2009	Amsterdam Sea Rams Invitational	
Female 11-12 200 Free								
1	2:17.12 Y	P	Angelina Domena	12	NTS AD	3/13/2011	AD Gold Short Course Championships	
Female 11-12 500 Free								
1	6:17.06 Y	F	Angelina Domena	12	NTS AD	1/15/2011	Chris Goody IMX Challenge	
Female 11-12 50 Back								
1	32.79 Y L	F	Angelina Domena	12	NTS AD	5/21/2011	Turbine Invitational 2011	
Female 11-12 100 Back								
1	1:12.19 Y L	F	Angelina Domena	12	NTS AD	3/13/2011	AD Gold Short Course Championships	
Female 11-12 50 Breast								
1	36.50 Y	F	Laura Hartman	11	NTS AD	12/17/2011	Saratoga 12&Under Mini-Meet	
Female 11-12 100 Breast								
1	1:21.75 Y	F	Laura Hartman	11	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	
Female 11-12 200 Breast								
1	3:03.20 Y	F	Laura Hartman	11	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	
Female 11-12 50 Fly								
1	29.97 Y	F *I	Elizabeth Dempsey	12	NTS AD	12/12/2009	Amsterdam Sea Rams Invitational	
Female 11-12 100 Fly								
1	1:10.59 Y	P *I	Elizabeth Dempsey	12	NTS AD	3/20/2009	AD Gold Short Course Championships	
Female 11-12 100 IM								
1	1:13.34 Y	P *I	Elizabeth Dempsey	12	NTS AD	3/20/2009	AD Gold Short Course Championships	
Female 11-12 200 IM								
1	2:42.30 Y	F	Laura Hartman	11	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	
Female 13-14 50 Free								
1	26.22 Y	P *I	Elizabeth Dempsey	13	NTS AD	4/1/2010	2010 Eastern Zone SC Swimming Champio	
Female 13-14 100 Free								
1	58.06 Y	P *I	Elizabeth Dempsey	13	NTS AD	3/19/2010	AD Gold Short Course Championships	
Female 13-14 200 Free								
1	2:11.63 Y	F *I	Elizabeth Dempsey	13	NTS AD	3/5/2010	AD Silver Short Course Championships	
Female 13-14 500 Free								
1	6:07.00 Y	F	Angelina Domena	13	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet	

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	Time	P/F/S	Name	Age/Yr			
Female 13-14 50 Back							
1	38.61 Y S	F	*1 Emily Smith	14	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Female 13-14 100 Back							
1	1:10.25 Y	F	Angelina Domena	13	NTS AD	1/29/2012	Thoroughbred Splash 2012
Female 13-14 200 Back							
1	2:38.81 Y	F	Angelina Domena	13	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Female 13-14 50 Breast							
1	42.42 Y S	F	*1 Emily Smith	14	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Female 13-14 100 Breast							
1	1:23.23 Y	F	Macy Sylvester	14	NTS AD	2/6/2010	Delmar Dolphins February Freeze Invitational
Female 13-14 200 Breast							
1	2:53.49 Y	P	Macy Sylvester	14	NTS AD	3/19/2010	AD Gold Short Course Championships
Female 13-14 50 Fly							
1	38.32 Y S	F	*1 Emily Smith	14	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Female 13-14 100 Fly							
1	1:09.73 Y	P	*1 Elizabeth Dempsey	13	NTS AD	3/19/2010	AD Gold Short Course Championships
Female 13-14 200 Fly							
1	3:02.08 Y	F	Emma Kroll	13	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Female 13-14 100 IM							
1	1:32.67 Y	F	Emily Hurlbut	13	NTS AD	12/18/2010	Potsdam Invitational
Female 13-14 200 IM							
1	2:30.88 Y	P	*1 Elizabeth Dempsey	13	NTS AD	3/19/2010	AD Gold Short Course Championships
Female 13-14 400 IM							
1	5:53.54 Y	F	Angelina Domena	13	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Female 50 Free							
1	27.57 Y	P	Alyssa Clifford	16	NTS AD	3/13/2011	AD Gold Short Course Championships
Female 100 Free							
1	59.39 Y	F	Alyssa Clifford	16	NTS AD	2/6/2011	Delmar Dolphins February Freeze Invitational
Female 200 Free							
1	2:13.10 Y	P	Sarah Roll	16	NTS AD	3/19/2010	AD Gold Short Course Championships
Female 500 Free							
1	6:14.19 Y	F	Sarah Roll	16	NTS AD	2/6/2010	Delmar Dolphins February Freeze Invitational
Female 1000 Free							
1	13:03.28 Y	G	*1 Kelsey Rimmer		NTS AD		GOAL
Female 50 Back							
1	34.67 Y S	F	*1 Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational
Female 100 Back							
1	1:09.50 Y	F	*1 Bailey Phelps	16	NTS AD	2/6/2010	Delmar Dolphins February Freeze Invitational
Female 200 Back							
1	2:33.36 Y	F	*1 Bailey Phelps	16	NTS AD	2/6/2010	Delmar Dolphins February Freeze Invitational
Female 50 Breast							
1	38.38 Y S	F	*1 Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational
Female 100 Breast							
1	1:17.56 Y	F	*1 Anna Brothers	16	NTS AD	3/10/2009	Pentathlon

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	Time	P/F/S	Name	Age/Yr			
Female 200 Breast							
1	2:50.72 Y	F	*1 Emilie Norton	16	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Female 50 Fly							
1	33.52 Y S	F	*1 Emilie Norton	16	NTS AD	1/26/2008	Kingston Snowball Invitational
Female 100 Fly							
1	1:08.59 Y	P	Sarah Roll	16	NTS AD	3/19/2010	AD Gold Short Course Championships
Female 200 Fly							
1	2:40.20 Y	F	Sarah Roll	16	NTS AD	3/5/2010	AD Silver Short Course Championships
Female 100 IM							
1	1:32.75 Y	F	Allyssa Hampson	15	NTS AD	12/18/2010	Potsdam Invitational
Female 200 IM							
1	2:33.95 Y	F	*1 Emilie Norton	16	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Female 400 IM							
1	5:35.60 Y	F	*1 Emilie Norton	16	NTS AD	2/29/2008	2008 AD Silver Short Course Championship
Male 8 & Under 25 Free							
1	19.73 Y	F	Jacob Anderson	8	NTS AD	1/29/2012	Thoroughbred Splash 2012
Male 8 & Under 50 Free							
1	45.70 Y	F	Jacob Anderson	8	NTS AD	1/29/2012	Thoroughbred Splash 2012
Male 8 & Under 100 Free							
1	1:50.48 Y	F	Jacob Anderson	8	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Male 8 & Under 25 Back							
1	24.55 Y	F	Jacob Anderson	8	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Male 8 & Under 100 Back							
1	1:52.47 Y	F	Jacob Anderson	8	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Male 8 & Under 25 Breast							
1	31.58 Y	F	Jacob Anderson	8	NTS AD	1/14/2012	Chris Goody 10&Under Mini-Meet
Male 8 & Under 25 Fly							
1	24.34 Y	F	Jacob Anderson	8	NTS AD	1/29/2012	Thoroughbred Splash 2012
Male 9-10 50 Free							
1	46.77 Y	F	*1 Mathew Wilson	9	NTS AD	6/24/2010	TRIBS vs. Turbines
Male 9-10 100 Free							
1	1:52.96 Y	F	*1 Mathew Wilson	9	NTS AD	6/24/2010	TRIBS vs. Turbines
Male 9-10 50 Back							
1	57.25 Y	F	*1 Mathew Wilson	9	NTS AD	6/24/2010	TRIBS vs. Turbines
Male 9-10 50 Breast							
1	1:07.55 Y	F	*1 Mathew Wilson	9	NTS AD	6/24/2010	TRIBS vs. Turbines
Male 11-12 50 Free							
1	33.20 Y	F	Martin Stone	12	NTS AD	12/10/2011	North Country Classic
Male 11-12 100 Free							
1	1:20.30 Y	F	Martin Stone	12	NTS AD	12/10/2011	North Country Classic
Male 11-12 200 Free							
1	3:20.15 Y	F	Martin Stone	11	NTS AD	5/21/2011	Turbine Invitational 2011
Male 11-12 50 Back							
1	42.20 Y	F	Martin Stone	12	NTS AD	1/29/2012	Thoroughbred Splash 2012

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	Time	P/F/S	Name	Age/Yr			
Male 11-12 100 Back							
1	1:37.47 Y	F	Martin Stone	12	NTS AD	12/10/2011	North Country Classic
Male 11-12 50 Breast							
1	55.55 Y	F	Martin Stone	12	NTS AD	1/29/2012	Thoroughbred Splash 2012
Male 11-12 100 Breast							
1	1:59.77 Y	F	Martin Stone	12	NTS AD	12/10/2011	North Country Classic
Male 11-12 50 Fly							
1	42.14 Y	F	Martin Stone	12	NTS AD	1/29/2012	Thoroughbred Splash 2012
Male 11-12 100 IM							
1	1:36.23 Y	F	Martin Stone	12	NTS AD	12/10/2011	North Country Classic
Male 13-14 50 Free							
1	32.61 Y	F	Gaetan Foisy	13	NTS AD	5/21/2011	Turbine Invitational 2011
Male 13-14 100 Free							
1	1:15.56 Y	F	Gaetan Foisy	13	NTS AD	5/21/2011	Turbine Invitational 2011
Male 13-14 200 Free							
1	2:50.71 Y	F	Gaetan Foisy	13	NTS AD	5/21/2011	Turbine Invitational 2011
Male 13-14 100 Fly							
1	1:40.23 Y	F	Gaetan Foisy	13	NTS AD	5/21/2011	Turbine Invitational 2011
Male 13-14 200 IM							
1	3:15.91 Y	F	Gaetan Foisy	13	NTS AD	5/21/2011	Turbine Invitational 2011